



Update 27 March 2020

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All events and social gathering have been cancelled across the area, some have moved online. Here is a list of things we've found online to entertain, pass the time and educate, as the weeks go by. If you are sharing your skills digitally or have any great resources you've been using please email becky@upourstreet.org.uk

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ONLINE RESOURCES AND ACTIVITIES

Bristol Libraries have closed but you can find many services online

Lots of activity has been moved online while Bristol Libraries are closed. You can borrow eBooks, eAudio and other eResources online. They also have lots of great links to a variety of content through social media Twitter or Facebook. They have started a Crime Reading Group for people to share their favourite crime books. [Join their Facebook group, search Crime Reading group on Facebook](#)

Singing for Wellbeing – Wellspring Healthy Living Centre group moves online

The popular Singing for Wellbeing group that takes place at the Wellspring Healthy Living Centre, Barton Hill can't meet at the moment. So teacher Emma has moved online. The YouTube videos include warm ups, breathing exercises and two songs for you to sing along to. Find out more about Singing for Wellbeing and other groups that have moved online on their Facebook page www.facebook.com/WellspringHealthyLivingCentre/

StoryZOOM - The Greenbank

Sunday 29 March, 7.15pm to 8.30pm

STORYPUB at The Greenbank, Easton, has moved online! You are welcome to join a curated hour of stories for your Sunday evening, coming to a laptop, iPad or phone near you. There will be four storytellers, each telling a story each. Grab your cat, partner, housemate, cup of tea, pizza or Sunday dinner & experience an hour of joyful companionship, reflection and sharing with us.

Check out their Facebook page for more info www.facebook.com/STORYPUB

The Creative Box

This free activity pack has been created by local artists to provide arts-based activities for adults and children during the the Covid-19 pandemic. They want to offer 'a little fun to help you and your children get through what is a tough time for all of us.' They have collaborated with artists from many disciplines including illustrators, designers, musicians, dancers, writers and more to create a range of activities which can be enjoyed by people of all ages. [Join their Facebook group, search The Creative Box on Facebook](#)

Team100 Easton - Chat and Meet ONLINE

Team100 Easton are holding their monthly 'Chat and Meet' session online using the Zoom App. Put the kettle on and join them for a chat and a cup of tea, they'd love to see you! This month the chat theme is: 'What hobby have you always wanted to try?' Team100 Easton is a community-led volunteering project supporting sport and physical activity groups. [Join their Facebook group to find out more, search Team100 Easton.](#)

Rock The Tots

Rock The Tots run music and dance events of pre-schoolers in venues across Bristol. They have cancelled all live events but are live streaming for FREE or small donation. Their next live stream gig is on Thursday 26 March at 11am. Go to their Facebook page to join the fun www.facebook.com/

Email becky@upourstreet.org.uk, if have an ask of the community, need help or want to share your community action.

0333 023 5460
(calls charged at local rate)

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