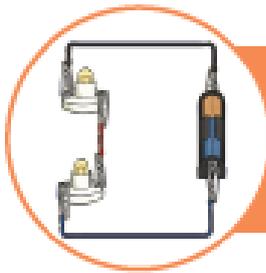


Forms of Energy

Mechanical (Kinetic)

Energy of moving parts, or the sum of kinetic and potential energy in an object that is used to do work.



Electrical

Movement of electrically charged particles, such as electricity and lightning.

Chemical

Energy created by a chemical reaction including how food is turned to energy in your body.



Thermal (Heat)

Energy that comes from the temperature of matter. "Therm" means heat.

Sound

Travels in waves and is produced when a force causes an object or substance to vibrate.

