



BRIDGING GAPS

We are a group of parents from many different backgrounds. We deliver a range of training sessions to help people become more culturally competent, more open-minded and more confident to engage with people from different backgrounds. The Bridging Gaps group has existed since 2018.

Our training courses are unique. Sessions are led by a minimum of four of our trainers, from diverse cultural backgrounds. We facilitate open and honest conversations, in a safe and mutually respectful space. We encourage participants to reflect on their practice and investigate how to make our workplaces - and our city - more welcoming for all. Our group can adapt training for many different contexts - please contact us to discuss your needs.

Course title: Becoming a more culturally competent organisation (3 hours)

Outline: At this session you will:

- Gain insight into different cultural viewpoints
- Reflect on what 'cultural competence' is and how we can we develop this
- Unpick some common myths and misunderstandings
- Engage in a frank and open discussion with others from different backgrounds

Outcome: At the end of the session you will:

- Have a better understanding of cultural viewpoints
- Identify some key actions to take back to your workplace
- Know how to build better links between communities, or between home and school
- Be aware of the barriers that exist for some groups

Course title: Introduction to Cultural Awareness (1 hour)

Outline: At this session you will:

- Hear about culture from our diverse group of trainers
- Gain insight into different cultural viewpoints
- Hear about different cultures and unpick some common myths

Outcome: At the end of the session you will:

- Have an understanding of different cultural viewpoints
- Reflect on some key actions to take back to your workplace
- Know how to build better links between communities

Course costs:

1 hour session - £150 3 hour session - £450

Contact details:

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